



**CHECK-UP™  
PROGRAM 1-4  
SESSIONS**



**TUNE-UP™  
PROGRAM 5-9  
SESSIONS**



**PASS™  
PROGRAM 10 OR  
MORE SESSIONS**



**SCRIMMAGE/TRAIN  
PASS™ ELITE  
PROGRAM**

# VB TRAINING



**at Net Results Sports Center!**

"Love what you do, do what you love, for as long as you love it." ~ Ruth N. Nelson

[Want an Expert to assess your volleyball skills and ability? Try out Nelson 5-point Player Assessment](#)

# brvc, LLC training programs

## **Check-Up™ Program (1 – 4 sessions)**

4 or more players \$50 per player (per session)

3 players \$60 per player (per session)

2 players (email for pricing)

1 player private (email for pricing)

## **Tune-UP™ Program (5 – 9 sessions)**

4 or more players \$40 per player (per session)

3 players \$50 per player (per session)

2 players (email for pricing)

1 player private (email for pricing)

## **PASS™ Program (10 or more sessions)**

4 or more players \$30 per player (per session)

3 players \$40 per player (per session)

2 players (email for pricing)

1 player private (email for pricing)

## **Scrimmage/Train PASS™ Elite Program**

6 or more sessions \$30 per session. 1 – 5 sessions ETP (experience the program)

\$35. Above price for this PASS™ is based on 6 or more players. **NO walk-ups**

[Complete Contact form to reserve a spot by clicking here.](#)

All private, semi-private or group fees include court cost and processing fees. All payments are due upfront unless other arrangements have been made. Net Results player and parent waiver must be completed and signed yearly. All checks made payable to [brvc, LLC](#).

*Training done by  
Michael Denardo  
Adriana Dollar*



“Michael Denardo and Adriana Dollar bring an element expertise from the collegiate coaching and playing ranks, in addition to the training aspect of the athlete and the important life lessons learned by experienced trainers.”

Ruth N. Nelson